

## SIMPLE (SHORT) DO IT YOURSELF STYLE GHRIHA-PRAVESH POOJA

Compiled by Pandit Mahesh Shastri

### Items required for the pooja:

1. Chandan powder / paste
2. Flowers 1 bunch
3. Agarbatti
4. Kapoor
5. Jaggery
6. Plate for keeping rice
7. Rice bag 10 lbs (color it with turmeric powder or kumkum and add few drops of water and mix well) – also known as akshata
8. Corn, separate seeds and stalks.
9. Dhoop
10. Deep (niranjan)
11. Sweet dish to offer (like kheer/halwa)
12. Kum kum
13. Red blouse pieces 2. (2 feet by 2 feet)
14. White blouse pieces 2 (2 feet by 2 feet)
15. Kalash or lota (big sized which can hold the coconut and leaves)
16. Manago or bettle leaves
17. New vessel
18. Milk
19. Ganpathi idol or idol of your favorite deity (if you are sri vaishnava then you need picture of narayana / vishnu)
20. Real Cow or Cow idol or picture (optional)
21. Few spoons (metal preferred to light camphor)
22. Few plates
23. Tumeric powder
24. Ghee /oil for lamp
25. 2 puja Coconuts (with coir on top ) + 1 for every door
26. Cow Dung and cow urine
27. Curd
28. Red sewing thread.
29. Lemos 4 for every door.
30. Aluminium foil role.

### Pooja outside the house pooja:

1. Do Ganesh pooja outside on a plate and rice and do puja as follows: If you are shree vaishnava you do vishvasena puja and narayana puja. Plese use appropriate naam mantra for visvaksena and narayana.

a. offer flowers, akshata (colored rice), green grass (durva) to ganesha

ॐ गणेशाय नमः आवाहयामि

om gaṇeśāya namaḥ āvāhayāmi

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b. Do tilaka with chandan paste on lord ganesha idol.

ॐ गणेशाय नमः गंधम् समर्पयामि

om gaṇeśāya namaḥ gandham samarpayāmi

c. offer flowers to lord ganesha

ॐ गणेशाय नमः पुष्पम् समर्पयामि

om gaṇeśāya namaḥ puṣpam samarpayāmi

d. light aggarbatti sticks and offer to lord ganesha

ॐ गणेशाय नमः धूपम् आघ्रापयामि

om gaṇeśāya namaḥ dhūpam āghrāpayāmi

e. show lamp or karpoor aarati to lord ganesha

ॐ गणेशाय नमः दीपम् दर्शयामि

om gaṇeśāya namaḥ dīpam darśayāmi

f. offer food to lord ganesha

ॐ गणेशाय नमः अमृत-महा-नैवेद्यम् निवेदयामि

om gaṇeśāya namaḥ amṛta-mahā-naivedyam nivedayāmi

g. offer flowers, akshata (colored rice), green grass (durva) to lord ganesha

ॐ गणेशाय नमः सर्वोपचारम् समर्पयामि

om gaṇeśāya namaḥ sarvopacāram samarpayāmi

h. Chant names of Ganesha as following while offering flowers or akshata to lord ganesha.

ॐ सुमुखाय नमः । om sumukhāya namaḥ ।

ॐ एकदन्ताय नमः । om ekadantāya namaḥ ।

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- ॐ कपिलाय नमः । om kapilāya namaḥ ।
- ॐ गजकर्णकाय नमः । om gajakarṇakāya namaḥ ।
- ॐ लंबोदराय नमः । om lambodarāya namaḥ ।
- ॐ विकटाय नमः । om vikaṭāya namaḥ ।
- ॐ विघ्नराजाय नमः । om vighnarājāya namaḥ ।
- ॐ विनायकाय नमः । om vināyakāya namaḥ ।
- ॐ धूमकेतवे नमः । om dhūmaketave namaḥ ।
- ॐ गणाध्यक्ष्याय नमः । om gaṇādhyakṣyāya namaḥ ।
- ॐ भालचन्द्राय नमः । om bhālacandrāya namaḥ ।
- ॐ गजाननाय नमः । om gajānanāya namaḥ ।
- ॐ वक्रतुण्डाय नमः । om vakratuṇḍāya namaḥ ।
- ॐ शूर्पकर्णाय नमः । om śūrpakarṇāya namaḥ ।
- ॐ हेरंबाय नमः । om herambāya namaḥ ।
- ॐ स्कन्दपूर्वजाय नमः । om skandapūrvajāya namaḥ ।
- ॐ श्री सिद्धिविनायकाय नमः ॥ om śrī siddhivināyakāya namaḥ ॥

### 2. Preparing the kalash

- Place the plate filled with rice on the left hand side of the door of the house
- Place kalash on the rice
- Fill kalash with water upto 4/5<sup>th</sup>
- Put rice, corn seeds and wheat inside 1 or 2 spoons each.
- Put little bit of trimmed grass (from the lawn) inside
- Put 5 coins (silver /quartes/dollar) inside
- Wrap the red or yellow thread around the kalash's neck. 1 or 2 round.

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- h. Place 5 mango or bettle leaves in the shape of Lotus
- i. Wrap red cloth aroud coconut (preferably a coconut with some fiber or choir on top) and tie a red cloth around it.
- j. Put the coconut now on the kalash.
- k. Chant following mantras and do vardhini kalasha puja

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः आवाहयामि

om vardhini-varuṇadyāvāhitā devatābhyo namaḥ āvāhayāmi

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः गंधम् समर्पयामि

om vardhini-varuṇadyāvāhitā devatābhyo namaḥ gandham samarpayāmi

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः पुष्पम् समर्पयामि

om vardhini-varuṇadyāvāhitā devatābhyo namaḥ puṣpam samarpayāmi

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः धूपम् आघ्रापयामि

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ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः दीपम् दर्शयामि

om vardhini-varuṇadyāvāhitā devatābhyo namaḥ dīpam darśayāmi

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः अमृत-महा-नैवेद्यम्

निवेदयामि

om vardhini-varuṇadyāvāhitā devatābhyo namaḥ amṛta-mahā-naivedyam nivedayāmi

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः सर्वोपचारम् समर्पयामि

om vardhini-varuṇadyāvāhitā devatābhyo namaḥ sarvopacāram samarpayāmi

3. Draw swastik on the door as follows.



4. Wash the door sill with panchamrita and then water
5. Draw swastika on the door sill (refer to point no. 3)

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6. write शुभ śubha लाभ lābha (in any languages) on the door along with the swastika mark on the door.
7. Take curd and a spoon offer curd to the column outside the house.  
Chant the following mantra  
|| OM BHUT BALIM SAMARPRAYAMI ||  
|| OM PRET BALIM SAMARPRAYAMI ||  
|| OM VASTU BALIM SAMARPRAYAMI ||  
|| OM PISHACH BALIM SAMARPRAYAMI ||  
|| OM ROAG BALIM SAMARPRAYAMI ||  
|| OM MRITYU BALIM SAMARPRAYAMI ||
8. Take 3 lemons move it 3 times in a clock wise fashion around the door and 3 times anticlockwise fashion and then place it in a plastic bag near the door (you can throw it away later on in a water).
9. Break the another coconut (optional).
10. Repeat the same to the door (points 3 through 9). Preferably each door outside.
11. Chant 12 names of ganesh (look the previous section)
12. Break a coconut outside the house (you can do for each door outside of your home).
13. The man of the house takes ganesh idol (and picture or idol of cow) in hand while chanting ganesh name.
14. The lady of the house takes the kalash on her head (hold the coconut along with the kalash to make sure it does not fall)
15. Step inside the house with the right foot stepping in first and chanting Ganesh names.

### Pooja inside the house

1. Lay the red cloth on the south east corner of the house.
2. Spread rice on the red cloth in a form of a pile.
3. Place ganesh (and cow ) first
4. Put kalash with coconut on top of the rice pile securely.
5. Worship ganesh (and cow). If you are shree vaishnava you do vishvasena puja and narayana puja. Please use appropriate naam mantra for visvaksena and narayana.

a. offer flowers, akshata (colored rice), green grass (durva) to lord ganesha

ॐ गणेशाय नमः आवाहयामि

om gaṇeśāya namaḥ āvāhayāmi

b. Do tilaka with chandan paste on lord ganesha idol.

ॐ गणेशाय नमः गंधम् समर्पयामि

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om gaṇeśāya namaḥ gandham samarpayāmi

c. offer flowers to lord ganesha

ॐ गणेशाय नमः पुष्पम् समर्पयामि

om gaṇeśāya namaḥ puṣpam samarpayāmi

d. light aggarbatti sticks and offer to lord ganesha

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f. offer food to lord ganesha

ॐ गणेशाय नमः अमृत-महा-नैवेद्यम् निवेदयामि

om gaṇeśāya namaḥ amṛta-mahā-naivedyam nivedayāmi

g. offer flowers, akshata (colored rice), green grass (durva) to lord ganesha

ॐ गणेशाय नमः सर्वोपचारम् समर्पयामि

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h. Chant names of Ganesha as following while offering flowers or akshata to lord ganesha.

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ॐ कपिलाय नमः । om kapilāya namaḥ ।

ॐ गजकर्णकाय नमः । om gajakarṇakāya namaḥ ।

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ॐ विघ्नराजाय नमः । om vighnarājāya namaḥ ।

ॐ विनायकाय नमः । om vināyakāya namaḥ ।

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ॐ श्री सिद्धिविनायकाय नमः ॥ om śrī siddhivināyakāya namaḥ ॥

### 6. Worship kalash.

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो आवाहयामि

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ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः पुष्पम् समर्पयामि

om vardhini-varuṇadyāvāhitā devatābhyo namaḥ puṣpam samarpayāmi

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः धूपम् आघ्रापयामि

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nivedayāmi

ॐ वर्धिनी-वरुणद्यावाहिता देवताभ्यो नमः सर्वोपचारम् समर्पयामि

om vardhini-varunadyāvāhitā devatābhyo namaḥ sarvopacāram samarpayāmi

7. Do aarti of Ganesh (sukhkarta dukh harta... or any aarati of your preference).
8. Do aarti of all corners of house, on all the levels of the house using

ॐ अच्युताय-भौमाय स्वाहा । om acyutāya-bhaumāya svāhā ।

9. Cut and put lemon on each corner of the house, keep it near the nearest door after you are done. Alternatively if your custom is to break coconut for every door you can do so.
10. The lady of the house worships kitchen
11. Do tilak to the water tap
12. Tilak to stove (cooking range).
13. Draw swastik on water tap and stove.
14. Boil milk in the new vessel until it spills over.
15. Tie red thread around all pillars inside or outside the house.
16. Stick a white paper on the outside wall of the house and make hand impression with kum kum on it.
17. Additionally you can wrap the red thread around the house three times. (stiching thread will do).
18. Mix cow dung, cow urine, milk, ghee, and curd and sprinkle in the house everywhere.
19. Do a little laxmi-narayan puja, or chant Vishnu sahasra-naama strotra or play a CD or cassette of above strotra if you have.
20. It is important to sleep that night in the new house after griha pravasha.

### Notes:

- 1) It is important to do Vastu puja before or after graha-pravasha. This simple process is outlined if you can't do vastu puja for one reason or other. Please contact pundiji at (425) 445-9117 or email him at [seattlepandit@yahoo.com](mailto:seattlepandit@yahoo.com) for more information.
- 2) If you are sri vishnava then you can use om vishvakshenaya namaḥ and om namo nArAyaNaya mantra instead of om ganeshaya namaḥ mantra for above puja.
- 3) Make sure to spread aluminium foil under lamp and aggarbatti holder in order to prevent damage to your floor / carpets.